From:	Michal Barak <Michal@barak-git.co.il>
To:	ehbarak <ehbarak1@gmail.com>
CC:	Barak Yael <yaelbarakm@gmail.com> Nir Anat <anatbnir@gmail.com>
Date:	Sat, 12/19/2015 1:18:05 PM
Subject:	Re: From: Cousin Rachelee in Pittsburgh, PA. To: Descendants ofRochel Leah and Jacob Brog re: The BRCA Gene Mutation is in our family

אוקיי מצוין . אם אתה מכיר יועץ גנטי לא יודעת איזה סוג רופא זה שיכול לתת הפניה לדבר הזה אני הייתי רוצה ללכת להתייעץ . כבר לא סומכת על כלום יותר . אני יודעת של ליאורה יש את הגן הזה ולשלי אחות של זיו לא . גם מי שההורים שלהם חלו בסרטן השד לא אומר שזה עובר לילדים . אם כן אבל זה חשוב מאד . כי אתה במעקב הרבה יותר רציני . טפו טפו טפו לדעתי זה לא עבר אליך . אבל תבדוק

נשלח מה-iPhone שלי

ב-19 בדצמ׳ 2015, בשעה 0:41, ehbarak <ehbarak1@gmail.com> כתב/ה:

בנות שלום
לא חושב שצריך לדאוג אבל כדאי לבדוק.
רחל זאקס מפיטסבורג היא בערך בגילי. אבא שלה ראובן ושני אחיו איזי וויקטור היו בני גילו של סבא שרוליק. ואבא שלהם יעקוב (זיידי) ברוג (שהוא גם הסבא של רחל זאקס) שנפטר קרוב לגיל 100 היה אח של סבא שלי, ראובן ברוג שנרצח בפושילאט ב1913.
רחל סאקס חושבת שאולי המוטציה (שעוברת חלקית גם דרך גברים אבל לא משפיעה עליהם כמעט) מקורה ביעקב ברוג האח של סבא שלי.
היות ולסבא שלי היו רק שני בנים ולאבא רק ארבעה בנים קשה לדעת אם לאבא שלי היה את זה או לא והאם לי יש או לא, כנל לאחים שלי. והאם אני (אם יש לי)העברתי או לא. אגב, גם לסבתא אסתר היה סרטן שד בגיל מאוחר. היא עשתה ניתוח. וזה לא חזר לה עד גיל 100. וגם לאבא שלי היה סרטן בגיל 75 והוא נפטר מסרטן אחר בגיל 92.
יכול להיות שאני אבדק ונראה אם יש לי את זה.
לא צריך להיכנס למתח מיותר.
אבא

Sent from my iPhone

On 18 Dec 2015, at 20:22, Michal Barak <Michal@barak-git.co.il> wrote:

אבא איך היא קשורה אליך בת דודה של סבתא אסתר ?
יש לי החילה מהמחשבה רק ברור שאבדוק . לדעתי אני עשיתי הכל כבר בבדיקות ההפריה בחול

נשלח מה-iPhone שלי

ב-18 בדצמ׳ 2015, בשעה 18:35, ehbarak <ehbarak1@gmail.com> כתב/ה:

שלום בנות
לא להיבהל. אבל כדאי לבדוק.
לדעתי אין אצלנו.
אבא

Sent from my iPhone

Begin forwarded message:

From: Rachel Sacks <bubbierachie@gmail.com>
Date: 16 December 2015 at 22:48:42 GMT+2
To: "To: Rachel Sacks" <bubbierachie@gmail.com>, "Beth Tabor @ N2" <rtabor@n2.net>, Avron Brog <aib@robinsonbrog.com>, Avron at home home <devonrd@aol.com>, Barbara Zitron <bzitron@comcast.net>, "Barbc234@aol.com" <Barbc234@aol.com>, Berenice <benilon@hotmail.com>, Dana Gross <mamadana1@yahoo.com>, Ehud Barak <ehbarak1@gmail.com>, Eynat Patai <eynatpatai@gmail.com>, Gail Robinson <singingprof@yahoo.com>, Jeffrey M Zitron <jzitron@mfzlaw.com>, Jeffrey M Zitron <jzitron1@gmail.com>, Melissa Bertolone <SweetVintage@aol.com>, Mooli Brog <brog@bezeqint.net>, Paula Dugan <Hpetchr@aol.com>, Phyllis Handelman <handelmancltd@sbcglobal.net>, Arthur Handelman <arthur@handelman.com>, Lauren Handelman <laurenhandelman@me.com>, Ruvi Brog <broga@bezeqint.net>, Ruvi and Lilia Brog <rlbrog@gmail.com>, Sandy Brog <skipperbrog@gmail.com>, Shay Brog <shaybrog@gmail.com>, Shelley Fisher <sffinancial@aol.com>, Spencer Brog <spencer@vikingind.com>, Tal Brog <talbrog@gmail.com>, Timothy Brog <TimBrog@aol.com>, Timothy Brog <tbrog@peerless.com>, Tov Brog <tovbrog@danelbdservices.com>, Nitzan Waisberg <nitzan.waisberg@gmail.com>
Subject: From: Cousin Rachelee in Pittsburgh, PA. To: Descendants of Rochel Leah and Jacob Brog re: The BRCA Gene Mutation is in our family

Dearest Family, I am writing to let you know that I, my daughter and granddaughter, as well as one of my first cousins and three of her children, have been diagnosed with the BRCA 1 gene mutation. A woman who carries this mutation has a greatly heightened chance of developing ovarian and/or breast cancer during her lifetime....especially during her 40s and 50s. Men who carry the mutation are also at somewhat higher risk for breast and other cancers.

A person who has the BRCA mutation has a 50% chance of passing it along to his/her children.

It appears that the BRCA mutation gene may have been passed down through my paternal grandmother, Rochel Leah Tenowitz Brog. Family lore says that my grandmother died in her mid-50s from esophageal cancer, which may or may not have been the origin of the cancer. (There is also the possibility that the genetic mutation could have come from my paternal grandfather, Jacob Brog). I feel that our mutation comes from the Brog side of the family because there is almost NO cancer on my Mom's side of the family.

Rochel Leah's daughter, Gittel had breast cancer. Her other daughter, Freda, had Histiocytic Lymphoma. And my Dad, one of Rochel Leah's sons, Reuben Brog, had colon cancer in his late 50s. We do not know, for sure, if any of Rochel Leah's six children carried the BRCA gene, but we are guessing that some of them did....and we suspect that this is how I, my daughter and grandaughter, inherited the gene.

My cousin Barbara, the daughter of my Dad's brother, Victor Brog, also carries this same mutation. Barbara's first breast cancer was discovered at age 45. Three out of her four children have tested positive for the BRCA1 gene. As of now, her youngest son, Lance, has not been tested.

My cousin, Debbie, daughter of my Dad's brother, Izzy Brog, passed away as a result of breast cancer. We do not know whether or not she carried the BRCA gene mutation.

7 of us....Cousin Barbara and 3 of her children, my daughter, my granddaughter and I, all have the same exact mutation

I have discovered that one of the male grandchildren of Rochel Leah's younger sister who settled in Johannesburg, South Africa, had breast cancer. His brother had a cancer that affected his tongue.

Here are the BRCA statistics....

One in 40 Jewish men and women of Ashkenazic descent (the Brogs and Tenowitz families are both from Ashkenzic descent) carry a BRCA mutation. For the general population, 1 out of 400-500 people carry a BRCA mutation.

These statistics, as well as my own diagnosis, have compelled me to share this information with you. I am attaching my diagnosis information which you can present to a genetics counselor at a local hospital, if you decide to be tested. When you have relatives that have been diagnosed with the BRCA mutation, your insurance will most probably pay for the blood test.

There is also a saliva swab test available through:

http://www.npr.org/sections/health-shots/2015/04/21/401246453/screening-tests-for-breast-cancer-genes-just-got-cheaper.

What can be done if you or your children are diagnosed with the BRCA mutation? For a man, there is nothing to do but to be more vigilant. Your physician will advise you what to look for. For a woman there are several options to take to protect a woman from getting either breast or ovarian cancers. Please check out those options with your physician. If you are interested in what options we have chosen, please let me know.

Please Google all the info you can find about the BRCA mutation. That will help you make an intelligent decision about how you

want to use this information. I feel that **not** all of the people who need this information are on this email list. If you know any relatives that are not on the list, please forward this letter and the attachment to them.

Sending all of you my love and best wishes for GOOD HEALTH for many, many years to come.

Cousin Rachie Sacks,
Pittsburgh, Pa.

This email was scanned by Bitdefender